



FIT Wellness Package in Tuscany

**A wellness oasis at a seaside resort is waiting for you!
In a nice Hotel with Italian Flair, enjoy a 4 or 5 days
Wellness package, at one of the most requested coasts in
Italy.**

**2 packages with the same price to relax and get back to fit:
4 nights Sunday till Thursday or 3 nights Thursday till Sunday.
Choose the most suitable for you!**

Services

3 or 4 nights half-board with extensive breakfast buffet

Buffet dinner with generous selections

Wellness package:

2 or 3 visits to the relaxation room with Light Therapy

2 or 3 visits to the Aroma Showers

2 or 3 visits to the sensory showers

2 or 3 visits to the Turkish grotto bath

2 or 3 visits to the heated swimming pool

2 or 3 visits to the Kneipp baths

2 or 3 relaxation tea services

2 or 3 visits to the hydrotherapy swimming pool

Choice of 3 treatments among the following:

Back massage for muscle relaxation and tension release

Neck massage for cervical and vertebral pain

Plantar reflexology session

Special therapy for reducing arterial pressure

Legs relax massage

Back relaxing massage

Stone massage

Chocolate massage

**Package price per person, 4 or 5 days
From € 145**





Dates

30.10.2011 till 10.06.2012
Sunday - Thursday 4 nights
OR
Thursday - Sunday 3 nights
Further dates on request

The 3* **hotel-club facility in Cecina Mare** (Livorno) consists of 5 independent residential buildings surrounded by a 50,000 m² park. The beach, just 200 metres away, is accessed through a beautiful pine forest. All rooms come furnished with a satellite TV, telephone, air conditioning, balcony or terrace, and mini-kitchen. Guests have at their disposal: Reception, restaurant with large dining room, bar, and snack bar at the pool. Large pool and a children's pool, heated pool with hydro massage, sun terrace, 6 tennis courts (2 of which are indoor).

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