



Passion & Pleasure  
In the most beautiful  
country of the world

Gadis  
italia

## Sardinia 2007



### Why Sardinia ?

Because you don't need to travel long distance. Just as many far away exotic destinations, Sardinia offers crystal clear sea waters with emerald green and azure blues and white sandy beaches.

As well as for its wonderful sea there are many reasons to spend a holiday in this region:

- a 3.000 years old culture that has left its mark. The ancient Nuraghi provide a fine example of this historical heritage
- typical wines and dishes prepared with high quality ingredients
- wonderful nature
- nice welcoming people – the Sards – difficult to find in other regions
- excellent hotel facilities, most of them recently constructed, run in a very professional manner
- well-maintained roads . The most important tourist destinations can be easily reached by bus

**CONTACT**

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Gadis Nord  
Baveno

•

Gadis Italia  
Borgomaro

•

Gadis Toscana  
Vicopisano



We propose you 2 hotels very different from each other both of which are ideal to enjoy a wonderful holiday in Sardinia.

## Tenuta Pilastru Hotel Relais in Arzachena



Do you dream of an ideal hotel? Tenuta Pilastru provides a real example of such an hotel. Thanks to its beautiful location and the friendly staff guests feel as if they were landed in a small paradise.

The nice farm estate consists of a main building „Lu Pastrucciali“, where there are the reception, a common room, a fireplace and some rooms. Other rooms are to be found in the small one-floor buildings scattered throughout the estate at around 80 meters from „Lu Pastrucciali“.

The 32 rooms with typical country furnishing are built with natural materials such as terra cotta, wood, cotton and precious fabrics; all rooms are equipped with air conditioner, satellite TV, mini bar, bathroom with shower and/or bath tube and hair dryer. The restaurant is in a separate building surrounded by typical granite „Conche. The restaurant... at U Pilastru you enjoy the taste and flavours of the Mediterranean cuisine. The hotel's cuisine is excellent.



To really appreciate and enjoy this hotel, we suggest a short but intense trip, just as intense as the colours of Sardinia's sea.

**Package price 2006 - 2007  
from 25 Pax**

**per person in dbl from Eur 369,00  
sgl-supplement Eur 75,00**



**The package price includes:**

- ◆ 5 half board with breakfast buffet
- ◆ 1 welcome's cocktail
- ◆ ferry ride Piombino - Olbia for bus and passengers
- ◆ 4 full day local guides
- ◆ 1 journey on land rovers
- ◆ 1 ferry ride Santa Teresa - Bonifacio for bus and passengers
- ◆ 1 ferry ride Palau - La Maddalena for bus and passengers
- ◆ 1 lunch with real shepherds in the Supramonte
- ◆ 1 wine tasting
- ◆ 1 entry to Nuraghe Mannu

**We can arrange overnight stays in Tuscany before you departure for Sardinia and before you leave back for Tuscany.**



**If you like this offer, please complete this form and send it to the Gadis team; we will prepare a special tailored offer as soon as possible.**

We are interested in your Proposals and would like To option the following dates: \_\_\_\_\_

Company name \_\_\_\_\_ Address \_\_\_\_\_

Group responsible \_\_\_\_\_ Post code/City \_\_\_\_\_

Telephone & Fax \_\_\_\_\_ Country \_\_\_\_\_

e-mail \_\_\_\_\_

Other destinations in Italy In which we would be interested: \_\_\_\_\_



**But... If you prefer a seaside hotel, we suggest you the following:**

### **Hotel 4 \* Cala Ginepro in Orosei**



The hotel is located in a small bay 12 km north of Orosei. The facility is made up of two separate houses with two floors each that perfectly fit the Mediterranean nature. The hotel has traditional local architecture and colours and a hall, a large restaurant, a wine bar with lounge room, 3 swimming pools, a party room, a playground and private beach with deckchairs and sun umbrellas..



The 160 rooms are furnished in typical Sardinian style and have private bathroom, bath tube with shower and hair dryer. All rooms offer a beautiful view on the garden and the swimming pool. The variegated cuisine offers typical Sardinian dishes. The staff is friendly and professional.

Breakfast: White and brown bread, coffee, milk, cacao, cornflakes, muesli, butter, jam, honey, orange juice, yogurt, cold cuts, cheese, eggs

Dinner: Guests can choose between two menus for the day after. Buffet: different salads, fruits, dessert of the day



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**Package price 2006 - 2007  
from 25 Pax**

**per person in dbl from      Eur 339,00  
sgl-supplement                      Eur 100,00**

**The package price includes:**

- ◆ 5 half board with breakfast buffet
- ◆ 1 welcome's cocktail
- ◆ ferry ride Piombino - Olbia for bus and passengers
- ◆ 4 full day local guides
- ◆ 1 journey with off-roads vehicles
- ◆ 1 ferry Palau - La Maddalena for bus and passengers
- ◆ 1 lunch with real pastors in Supramonte
- ◆ 1 wine tasting
- ◆ 1 entry Nuraghe Mannu
- ◆ 1 typical open air lunch
- ◆ 1 boat tour
- ◆ 1 entry to Grotta del Bue marino



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e-mail \_\_\_\_\_

Other destinations in Italy \_\_\_\_\_  
In which we would be interested: \_\_\_\_\_



## ... and now the full programme ...

### ... stay at Tenuta Pilastru

#### Day 1

We take the ferry to Sardinia in Piombino at 10am, which enables us to reach the hotel before dinner. Arrival in Olbia at 4.30pm and transfer to the hotel. Welcome's drink, dinner and overnight stay.

#### Day 2

Full day excursion with plenty of sightseeing. Travelling through the unspoilt hinterland takes us to **Capo Caccia**, where you enjoy a wonderful view. Visit to the impressive Neptune's caves. Legend says that God Neptune found shelter here. Tourist boats connect Alghero with the caves. You can access the caves via the 632 stairs of the Escala del Cabriol from atop of a spur of rock. The caves provide a unique natural landscape marked by stalactites and stalagmites and a wonderful underground lake. The 120 m long and 40 m large lake was formed through the erosion of seawater that has "carved" the entrance to the caves too (Visit to the caves not included in the price).

Further to **Alghero** and visit of the town. Late in the afternoon we head back to the hotel.

Dinner and overnight stay.



#### Day 3

Today you explore one of the most beautiful destinations of our programme: **Costa Smeralda**.



This fantastic stretch of coast owes its name to the unique colour of its water. Despite the numerous villas, hotels, harbours and entertainment places, which were built here since the discovery of Aga Khan in the 60ies, the beauty of nature still plays the most important role when you visit this place. The trip gives you the possibility to feel the chic breeze of Porto Rotondo and Portocervo, the stylish Jet-Set-capitals of the coast, but also to discover untouched parts of the row rock coast, where, as for example in Capriccioli, nature alone was at work with its wonderful art.



In the afternoon we head for Palau, an important port, where we take a ferry for bus and passengers to the Maddalena islands. La Maddalena is the only inhabited island of the Archipelago. The town is perched on the Guarda Vecchia hill (156 m). The sea promenade just behind the port with its elegant palaces is well worth of a look. We take a stroll in the old town with its fascinating buildings. Back to Palau. East of Palau is a hill with the famous bears rock that dominates the town.

Travel back to the hotel. Dinner and overnight stay



**Day 4**

After good sleep and a full breakfast we undertake the finest excursion of the programme:

**An adventure for old and young alike: the eastern region of Supramonte**

Today you travel to Dorgali, an important location in the Supramonte region. The landscape is characterised by agriculture,

breeding and traditional handcraft. Further we head for the Nuraghe village Nuraghe Mannu with remains from an ancient nuraghe settlement. To access the village we travel a short distance with off roads vehicles. In Nuraghe Mannu you have a wonderful view over the Orosei Golf.

We travel back to the hotel. Dinner and overnight stay

**Day 5**

Today you explore one of the most beautiful Mediterranean landscape: the port of **Bonifacio**, the Mediterranean pearl.



We travel the road to Santa Teresa di Gallura where we take the ferry to Bonifacio. After an hour we approach the "fjord" of the town beautifully surrounded by white cliffs. Bonifacio is picturesquely located atop the imposing rock. The town, a popular tourist destination, was founded 833 by Tuscany's Marquis Bonifacio. The upper town has maintained its medieval ambience that reminds of its tumultuous past. A visit to the "Villa Haute" from where you have a view over Sardinia – 12 km far from here – and a boat tour to the sea grottos (not included in tour price) are a unique experience.

We travel back to the hotel. Dinner and overnight stay.



**Day 6**

After breakfast we head for Olbia, at 10.00 departure for Piombino

with Linea dei Golfi ferry. At 16.30 arrival in Piombino.

**... and the full programme  
with stay in Hotel Cala Ginepro ...**

**Day 1**

We take the ferry to Sardinia in Piombino at 10am, which enables us to reach the hotel before dinner. Arrival in Olbia at 4.30pm and transfer to the hotel. Welcome's drink, dinner and overnight stay.

**Day 2**

After a plentiful breakfast, well rested, we undertake the first excursion of the programm:

**An adventure for old and young alike:  
the eastern region of Supramonte**



Today you travel to Dorgali, an important location in the Supramonte region. The landscape is characterised by agriculture, breeding and traditional handicraft. Further we head for the Nuraghe village Nuraghe Mannu with remains from an ancient nuraghe settlement. To access the village we travel a short distance with off roads vehicles. In Nuraghe Mannu you have a wonderful view over the Orosei Golf. Further to the forest in Ghivine where you enjoy a typical lunch. In the afternoon you can visit the panoramic village of Suttaterra.

We travel back to the hotel. Dinner and overnight stay.



**Day 3**

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In the afternoon we head for Palau, an important port, where we take a ferry for bus and passengers to the Maddalena islands. La Maddalena is the only inhabited island of the Archipelago.



The town is perched on the Guarda Vecchia hill (156 m). The sea promenade just behind the port with its elegant palaces is well worth of a look. We take a stroll in the old town with its fascinating buildings. Back to Palau. East of Palau is a hill with the famous bears rock that dominates the town.

We travel back to the hotel and have dinner.



**Day 4**

After breakfast we travel through the hinterland in the region of **Barbagia**.

The Barbagia is considered the heart of Sardinia. The Romans named this region Barbagia at the time of their conquest. As a matter of fact the Romans never managed to submit completely people of Barbagia. Because of the local population's pride and stubbornness



the Romans named this part of the island „the land of the Barbarians“ (strange people) meaning any people whose culture is different from Roman culture.



Today Barbagia is still rich in old traditions, while its landscape, economy, building, hospitality and cuisine have maintained their unique characteristics. In the capital Nuoro you can visit the ethnographic museum where costumes, daily objects and jewellery are on display, which serve to document the ancient culture of this people. We explore Barbagia’s interior region peppered with olive groves and wine yards and discover Oliena and Orgosolo, where old traditions have been preserved at best.

In this region you must not miss a wine tasting... in fact, Sardinia produces very good quality wines, which are more and more

sought after by connoisseurs. After a sightseeing tour in the surrounding area, we invite you to a picnic in a cork-oak and holm-oak wood where you can seat on granite banks.

In the evening, travel back to the hotel and overnight stay

### Day 5

After visiting the hinterland we come back to the spectacular coast. On a 35 km journey we reach Cala Gonone. From here you can easily reach Cala Luna on a 1,5 hrs. walk. This beach is renown for its green waters, cliffs and natural caves. We depart from the island to the Bue Marino sea caves. After visiting the caves we take the ferry back to Cala Gonone. Bus journey from the port to the hotel.

Dinner and overnight stay in the hotel

### Day 6

After breakfast departure to Olbia, at 10.00 departure to Piombino with Linea dei Golfi ferry. 16.30 Arrival in Piombino.





## ... What's More ...

### Oristano, Tharros and Spaghetti western.



Today we travel from the eastern coast towards Oristano, one of the most recent province's capitals in Italy. Further along a beautiful panoramic road overlooking the sea and the large pond of Cabras towards the archaeological site of Tharros. En route you see the typical sheds used by fishermen and now by tourists. Located on the promontory of Cape St. Marco, Tharros is a natural port, a typical feature of Phoenician colonies. The town has a very well preserved

road system, an efficient canalisation system and several ruins from ancient houses, monolithic temples and thermal resorts. The small church of San Giovanni is well worth a look. Further to the tiny village San Salvatore, setting of many Italian western films. The beach Is Arutas made of quartz granite is a must-see of this tour.

### Riders and Horses ... in Sardinia

There are several reasons for horse breeding in Sardinia: historic-economical reasons, traditional breeding, habits, religious celebrations etc.

An inestimable cultural heritage of old and modern knowledge of its inhabitants: gifted stock breeders, trainers, farriers, saddlers, jockeys, great horsemen. The horse is the main character in famous folk feasts: the "Sartiglia" in Oristano and "Sa Carrela "e nanti" vin Santu Lussurgiu to the Carnival, the "Cavalcata Sarda" in Sassari in May, the "Ardia di Sedilo" in July. Sardinia's



horses are good-natured and complex, ideal for both horse riding holidays and the Palio in Siena. The region of Sardinia is fully committed to improve breeding in its stud-farms and horse riding schools. These centres (for example in Tanca Regia in Abbasanta) are well worth a look for visitors interested in this important feature of the island.

### The breathtaking Gorroppu gorge



After a bus journey we travel on off-roads vehicles on the ancient Roman road Karalis-Olbiam. We walk to the entrance of the gorge (1,5 hour walk).

The Su Gorroppu gorge is an ancient canyon, its walls reaching 300 m in height. We undertake a walk along the the gorge. On our way back you can enjoy a snack with the shepherds of Supramonte. Travel back to the hotel around 3.00 pm.



### A wonderful example of human nature: the Nuraghe in Tiscali



After a bus journey we travel on Land Rovers with 8 seats up to Su Gologone, where we visit one of the most beautiful calcareous springs of Europe. Further through the valley Lanaitto up to the slopes of Monte Tiscali. We walk into the heart of Supramonte up to Tiscali. The village's origins date back to the last Nuraghe times (4th century BC) and the fight against the Romans. Tiscali is built inside a large doline with the ruins of a Nuraghe settlement and an imposing rock surrounded by a small corkwood. We walk back to the slopes of Monte Tiscali and travel back to the hotel. En route we stop off in Dorgali to visit the old town with its handicraft shops.

### Folclore and Music



Music is an essential element in typical Sardinian popular fests. Traditional music is based on two instruments: the Launeddas and the accordion. The so-called Launeddas can be found in Sardinia only. This instrument – very similar to violin – provides an insight into the typical culture and music. Sardinian songs like the "su concordu", "su ballu tundu" and "su passu torrau" fascinate guests...



### Agriturismo Il muto della Gallura (Aggius)



Aggius is located in the heart of Gallura. It is an antique place, full of popular dresses, culture and Sardinian tradition. In the 18. century there was a feud between two shepherd families here, which lasted decades. Still today you can hear of the cruel killer "Il Muto di Gallura" (the dumb of Gallura). The romantic legend of this bandit gave originally its importance to the agricultural farmhouse with the same name: it is a typical example of a "Stazzo Gallurese", in the antique past a human settlement built for building and production purposes. Still today it has the aim of promoting the

local agriculture and the cattle breeding. The farmhouse is situated in the Commune Aggus (Sassari) at an altitude of 550 meters above sea level. For the connoisseurs the farm "Il Muto di Gallura" also offers the typical dish of this area: wild pig, sucking pig, goatling, Gnocchi and Ricotta ravioli and not to forget the well known Zuppa Gallurese. Everything is accompanied by a delicious wine of home production from the Gallura hills..



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### Holiday farm Lo Stazzu (Arzachena)

A few kilometres away from Porto Cervo among olive trees and century old juniper trees, Mrs. Giuliana Patrone and her husband Franco di Natale conduct this comfortable restaurant with an excellent service.

The specialities of the Sardinian cuisine embrace smells and unique feelings. The term "Stazzu" (Lat. "station") means farm and farmer's residential building. In Arzachena and in general in the whole Gallura you can find these typical agricultural and pastoral buildings everywhere.



**...we offer a very attractive programme for South Sardinia, too... you will get to know it in short time !**

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